

2023 Planting Packing List
Coast Range Contracting Ltd.

*The links included are a starting point or guide for the products you can consider purchasing, Coast Range is not endorsing any specific brands or supplier.

PLANTING GEAR		
Helmet	UIAA 106 Approved Climbing helmet	Petzl Boreo (Unisex) Petzl Borea (Women's) Black Diamond Half Dome (Unisex) Black Diamond Half Dome (Women's)
Planting Bags	Three-pouch planting bags	Bush Pro
Shovel	Speed-Spade	Bush Pro
Silvi-Cools	Required on all our B.C. contracts.	Bush Pro
Boots	Good ankle support, single-piece leather backpacking boots. No running shoes or Blundstones permitted.	Scarpa Men / Scarpa Women Zamberlan Man / Zamberlan Women
Tally Book & Pencil	Ideally a water-proof field notebook but anything to keep track of your planting numbers work.	
Block bag	Backpack or dry bag. Something big enough to fit your rain jacket, lunch, and potentially a warmer layer. Waterproof if possible.	
Rain Jacket	Rain gear is extremely important and will make the difficult days more comfortable. Gortex, or something breathable and as waterproof as possible. Fleece is great for lighter, drizzly days.	

PLANTING CLOTHING & BLOCK GEAR		
Toque or Headband	Warm hat for cold days. Headbands/buffs will also prevent blackflies/mosquitoes from getting in the ears.	
Brimmed hat / Baseball cap	For sunny days/sun protection.	
Planting gloves	Nitrile coating / thin is best for dexterity. Bring/buy a few pairs as gloves can wear out fast depending on the ground!	
Tops	Layers for all types of weather; short / long sleeves, sweaters, fleece, etc.	
Bottoms	Legging/short combination or pants.	

Wool Socks/Sock Liners	Warm, wicking, and breathable. You will want socks that extend above your boot line.
Water Jug	4L water bladder or several bottles, minimum. On a hot day, planters should be drinking 6-8L so plan accordingly.
Waterproof Watch	It is important to know the time on the block and phones may die during the day so it's best to have a reliable option.
Duct Tape/Hockey Tape/Climbers Tape	Different types of tape work best in different scenarios and there are plenty of great scenarios to use tape while planting!

SLEEPING GEAR

Tent	2-3 person, three-season tent, ideally with at least one outdoor vestibule space for wet/dirty shoes and gear.
Sleeping Bag & Extra Blankets	-5°C minimum. May/June in the interior can easily get down to -15°C.
Therma rest/Sleeping Pad	Something that is comfortable and keeps you from the cold ground.
Tarp with Rope	To create extra protection for your tent. Most tents aren't designed to be exposed to UV light for months at a time.
Pillow	
Warm Sleeping Clothes	
Alarm clock/Watch	Phones can also work but, especially with cold temperatures overnight, they can die and leave you waking up late.
Headlamp/Flashlight	

OTHER (NEEDED)

Sunscreen	There will be many days of full sun exposure, sunscreen is extremely important.
Bug spray/cream	
Lip chap	Regular or SPF lip balm
Toiletries/Toiletries bag	Shampoo, soap, toothbrush/paste, etc. and a bag to stow it all in. Anything with fragrance will need to be stowed in the crew bear-bins at camp, so having a bag to neatly store your toiletries helps keep everything organized.
Feminine Hygiene Products	Products sufficient for 3 months, limited emergency supplies will be available through the Safety Officer.
Contraceptives	Whatever your preferred method of safe sex is, prepare yourself accordingly.

*Prescriptions or medication	If you have any prescriptions/medications, prepare yourself with 3 month-supply.
Lunch container	Having multiple, different-sized re-usable containers can prevent soggy lunches and allow for a variety of food options.
Baby wipes	It's nice to have a back-up on cold nights or when the shower line-up is long
Regular Clothes	For day-off / night-off. Warm layers for evenings by a fire are highly recommended.
Laundry bag	A pillowcase will work.
Camp shoes	Comfortable shoes or sandals. Back-up rain boots can come in handy as camp life can get soggy after a few days of rain.
Face Mask / Buff	At least 5 for misplacement and cleaning.

OTHER RECOMMENDED ITEMS

Travel mug	Coffee or tea for the block.
Bluetooth speaker (waterproof)**	If you can't live without music while you plant. **Headphones on the block pose a huge safety hazard. You are not permitted to use two headphones while planting. Speakers are a much safer alternative as they allow the user to still hear their surroundings**
Battery pack	Highly recommended if you are relying on your phone as a watch/music player/camera/alarm clock.
Travel sewing kit	For rips in clothing and tents
Camera	For all the great and not-so-great block moments

DAY-OFF ITEMS

Cards	
Laptop with movies	
Books and Board Games	
Various Crafts/Hobbies	Common options have included knitting, leather working, painting supplies, etc.
Sports Equipment	Soccer balls, footballs, frisbees, anything that is safe to play in camp...